

1 Timothy 4

1 *But the Spirit* explicitly says that in later times some will fall away from the faith, paying attention to deceitful spirits and doctrines of demons,

2 *by means of* the hypocrisy of liars seared in their own conscience as with a branding iron,

3 *men who forbid* marriage and advocate abstaining from foods which God has created to be gratefully shared in by those who believe and know the truth.

4 *For everything* created by God is good, and nothing is to be rejected if it is received with gratitude;

5 *for it is sanctified* by means of the word of God and prayer.

6 *In pointing out* these things to the brethren, you will be a good servant of Christ Jesus, constantly nourished on the words of the faith and of the sound doctrine which you have been following.

7 *But have nothing* to do with worldly fables fit only for old women. On the other hand, discipline yourself for the purpose of godliness;

8 *for bodily discipline* is only of little profit, but godliness is profitable for all things, since it holds promise for the present life and also for the life to come.

9 *It is a trustworthy* statement deserving full acceptance.

10 *For it is for* this we labor and strive, because we have fixed our hope on the living God, who is the Savior of all men, especially of believers.

11 *Prescribe and teach* these things.

12 *Let no one look down* on your youthfulness, but rather in speech, conduct, love, faith and purity, show yourself an example of those who believe.

13 *Until I come,* give attention to the public reading of Scripture, to exhortation and teaching.

14 *Do not neglect* the spiritual gift within you, which was bestowed on you through prophetic utterance with the laying on of hands by the presbytery.

15 *Take pains* with these things; be absorbed in them, so that your progress will be evident to all.

16 *Pay close attention* to yourself and to your teaching; persevere in these things, for as you do this you will ensure salvation both for yourself and for those who hear you.

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2 by means of
3 men who forbid
4 For everything
5 for it is sanctified
6 In pointing out
7 But have nothing
8 for bodily discipline

Primary Markers

1. But the Spirit
8. for bodily discipline
16. Pay close attention

9 It is a trustworthy
10 For it is for
11 Prescribe and teach
12 Let no one look down
13 Until I come,
14 Do not neglect
15 Take pains
16 Pay close attention